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HEADLINES

VOLUME 1, ISSUE 5

FROM THE CO

Dear Friends and Family,

Let me begin by expressing my sincere thanks for all of your support during our deployment. Over the past seven months, your letters, emails, phone calls, and packages helped to encourage and sustain the morale of the Battalion, and the reception for the Marines and Sailors after our long flight back was exceptional. It was great to see all of your smiling faces as we walked off the plane, and all of us were glad to finally be home after the week of traveling back to K-Bay.

With much of the Battalion on leave, May should be a somewhat quiet month but there is much activity waiting in the wings. We will support exercise Lava Viper in June at PTA as

well as supporting the Combat Logistics Regiment 3 change of command in Okinawa. We will also complete supply and maintenance training to complete the fielding of GCSS-MC within the Battalion. All of this coupled with the usual summer personnel changes due to PCS moves will keep things busy.

At the end of the month, we mark the start of the summer season with the Memorial Day weekend, and with it, the start of the 101 critical days of summer. Whether spending a day at the beach, or having a cookout at home, summer is filled with activities that can lead to injuries if the proper safety measures are not taken. I ask you all to take the time to consider safety in your summer recreational plans.



Semper Fidelis,
LtCol Hank Lutz



FGE OIC

Aloha Families,

As I'm sure you're aware, the Battalion has returned from Afghanistan. Your Marines and Sailors all contributed to an exceptional welcome home for them at the hangar. One June 1st, the FGE will stand down, and your Marines and Sailors will fall back under their original companies within the battalion. I can't express enough appreciation for the fine job your Marines and Sailors have done over the past several months. Each one has eagerly taken on many additional responsibilities, and together we succeeded in holding down the fort with the battalion gone. This meant a great deal of additional duty standing, extended working hours to meet the mission, and even some deployments to PTA and Okinawa. Above all, this meant a lot of patience and flexibility from you, the families. Thank you again for your support!

Semper Fidelis,

Capt Juliann Naughton

FGE SNCOIC

I would like to welcome back our deployed Marines and Sailors. Congratulations on your successful deployment and job well done. Thank you for your dedication and selfless commitment to our Corps and Country.

To the family of our returning Marines and Sailors, I want to thank you for your continued support to our Warriors. Your love and support played a vital role in keeping them in the fight and enabled them to complete the mission. Take this well deserved leave period and enjoy your family.

Semper Fi,
MSgt Jonathan Scott

Military OneSource

Whether its help with child care, personal finances, emotional support during deployments, relocation information, or resources needed for special circumstances, Military OneSource is there for you... 24/7/365! Online or by phone, Military OneSource is fast, confidential, and easy to use, and there is no cost to the service-member!

**IMPORTANT PHONE NUMBERS**

CLB-3 Officer of the Day:	(808) 257-1600
Red Cross:	(808) 257-8848
Child Protective Services:	(808) 832-5300
Domestic Violence Hotline:	(808) 531-3771
Federal Fire Department:	(808) 471-7117
PMO KBay:	(808) 257-9111
Branch medical clinic:	(808) 257-3365
Housing Office KBay:	(808) 257-1257
Bus Schedules:	(808) 848-5555



Save the date! Sesame Street and USO Experience Show dates & times: Wednesday, May 18 at 1000 and 1800 & Thursday, May 19 at 1800. This is a free event for military families and will be held at Kahuna's Ballroom. There will be no tickets issued for this event. Every show will be capped at 500 people.

Families of all ranks are invited to join the fun at the Sesame Street USO Experience May 18 and 19 in the Kahuna's Community Ballroom. Register for your choice of showtime at <http://www.surveymonkey.com/s/SesameStreetMCBH>.

The all-new show will introduce a new character, "Katie" – a military kid on Sesame Street who is moving to a new place. It's free, it's fun, it's live! Sign-up today!



Follow the battalion on Facebook!! Come visit us at Combat Logistics Battalion 3!!

FROM THE FAMILY READINESS OFFICER

Aloha Family,

Welcome home Marines and Sailors! Thank you for your faithful service. As a Marine, I want you to know that I am very proud of each and everyone of you! Those of us who previously earned the Eagle, Glode and Anchor and no longer on active duty can continue to tell others of Marine Corps/US Navy accomplishments .

I also want to thank the many wonderful family members that participated in making the Welcome Home Celebration a wonderful event. Your giving and willingness to give set a benchmark for other to emulate. Thank you for your time, the banners, Leis, cookies, and cakes that were donated. I want to thank the working party who conducted all the heavy and dirty work. Without you this celebration would have fell short of what our warriors deserved.

I am proud to serve CLB-3, you and our family members residing across our great nation. It is because of this outstanding program "The Family Readiness Program" that we are able to ensure that your needs are being met during times of deployment and non-deployment. I encourage anyone who desires to volunteer or be a part of this program to contact me at (808) 257-2514, (808) 358-3940 or jerome.morris@usmc.mil.



FRO Office: (808) 257-2514
(C) (808) 347-5710

Dep FRO: (808) 257-2023
(C) (808) 366-9644

CHAPLAIN'S CORNER

SHOW ME THE MONEY!

Welcome home CLB-3. It is great to have you back. Hopefully you are spending time with family and friends and reminiscing about the good old days. I know many of you probably saved a lot of money while on deployment and now it is burning a hole right through your pocket—I hope you read this before it all falls through.

It doesn't take a genius to see that our current economic status here in the U.S. is not stable. The dollar has lost value in the last few years and the housing market continues to plummet. The Bible says in Proverbs 21:20, "in the house of the wise are stores of choice food and oil, but a

foolish man devours all he has." For those who were able to save during this deployment, I hope you will not rush out and spend it all.

Having a large amount of money in the savings can bring great peace of mind even in the midst of economic turmoil—experts say keep at least four to six month's salary in savings. So, before you buy that new car or motorcycle, I hope you will take the time to make some short and long range financial goals. Having financial stability can bring a lot more satisfaction than a bright shiny new car.



Office: (808) 257-1565

"In the house of the wise are stores of choice food and oil, but a foolish man devours all he has."

Proverbs 21:20

CREDO

*Enhancing Readiness · Transforming Lives
Optimizing Leadership Potential*

CREDO is the Chaplain's Religious Enrichment Development Operation, a service of the United States Navy Chaplain Corps. This retreat ministry is funded by the Chief of Naval Operations and sponsored by the Navy Chief of Chaplains.

CREDO offers Personal Growth Retreats and Marital Enrichment Retreats. With the most beautiful oceanfront locations on Oahu,

CREDO offers participants a place to relax and get away from the stresses of everyday life.

CREDO weekends are available to all active duty, military spouses, Reservists, Retirees, and DoD civilian employees, and their dependents.

To register for a retreat, please call 808-257-1919 during regular office hours.

Kaneohe Bay
Phone: 808-257-1919
Monday-Friday, 0800-1630

The upcoming Marriage Enrichment Retreats will be

May 13-15
June 3-5
June 24-26

These and all future training dates can be found in the Events section of our Facebook page.
<http://www.facebook.com/pages/Combat-Logistics-Battalion-3/105146889525954#!/>
HawaiiCREDO

If you'd like to sign up for the standby list for one of these, please call (808) 257-1919.





Jocelyn Pratt

L.I.N.K.S. Trainer

257-2368

Jocelyn.pratt@usmc.mil

***Wear RED on
Fridays!! Show your
support!!!***



L.I.N.K.S.

Marine Corps Family Team Building (MCFTB) facilitates six distinct, yet complementary programs: Family Readiness Program (FRP); Lifestyle Insights, Networking, Knowledge & Skills (L.I.N.K.S.); Life Skills; Readiness & Deployment Support (RDS); Chaplain's Religious Enrichment Development Operation (CREDO); and Prevention & Relationship Enhancement Program (PREP). This department ensures that Commanders and program volunteers receive the necessary resources and support to facilitate family readiness.

[Looking at the World through Different Lenses](#)
Wednesday, May 11 at 6:00pm

[L.I.N.K.S. for Spouses May 17 & 18](#)

Tuesday, May 17 at 9:00am

[L.I.N.K.S. for Spouses May 17 & 18](#)

Wednesday, May 18 at 9:00am

[Looking at the World Through Different Lenses](#)
Saturday, May 21 at 9:00am

[Family Readiness Advisor/Assistant Training](#)
Tuesday, May 24 at 9:00am

[Family Readiness Advisor/Assistant Training](#)
Wednesday, May 25 at 9:00am

[L.I.N.K.S. Mentor Training](#)
Tuesday, May 31 at 6:00pm



PROMOTIONS AND AWARDS

LCPL

LCpl Grosche, Tanner L.
LCpl Pearson, Jessica R.
LCpl Morris, Marc R.

GYSGT

GySgt Colley, Luis L.

CPL

Cpl Patterson, Clay W.
Cpl Carvajal, Christian
Cpl Gonzalez, Emmanuel
Cpl Henriquezsantana, Anthony R.
Cpl Jumawan II, James R.
Cpl Sprouls Jr. David L.
Cpl Tran, Phuong K.
Cpl Valdezramirez, Marco A.

OPSEC AND SOCIAL NETWORKING SITES

SOCIAL NETWORKING SITES (SNS), like Facebook® and Twitter®, are software applications that connect people and information in spontaneous, interactive ways. While SNS can be useful and fun, they can provide adversaries, such as terrorists, spies and criminals, with critical information needed to harm you or disrupt your mission. Practicing Operations Security (OPSEC) will help you to recognize your critical information and protect it from an adversary. Here are a few safety tips to get you started.

SAFETY CHECKLIST

Personal Information

Do you:

- Keep sensitive, work-related information OFF your profile?
- Keep your plans, schedules and location data to yourself?
- Protect the names and information of coworkers, friends, and family members?
- Tell friends to be careful when posting photos and information about you and your family?

Posted Data

Before posting, did you:

- Check all photos for indicators in the background or reflective surfaces?
- Check filenames and file tags for sensitive data (your name, organization or other details)?

Passwords

Are they:

- Unique from your other online passwords?
- Sufficiently hard to guess?
- Adequately protected (not shared or given away)?

Settings and Privacy

Did you:

- Carefully look for and set all your privacy and security options?
- Determine both your profile and search visibility?
- Sort "friends" into groups and networks, and set access permissions accordingly?
- Verify through other channels that a "friend" request was actually from your friend?
- Add "untrusted" people to the group with the lowest permissions and accesses?

Security

Remember to:

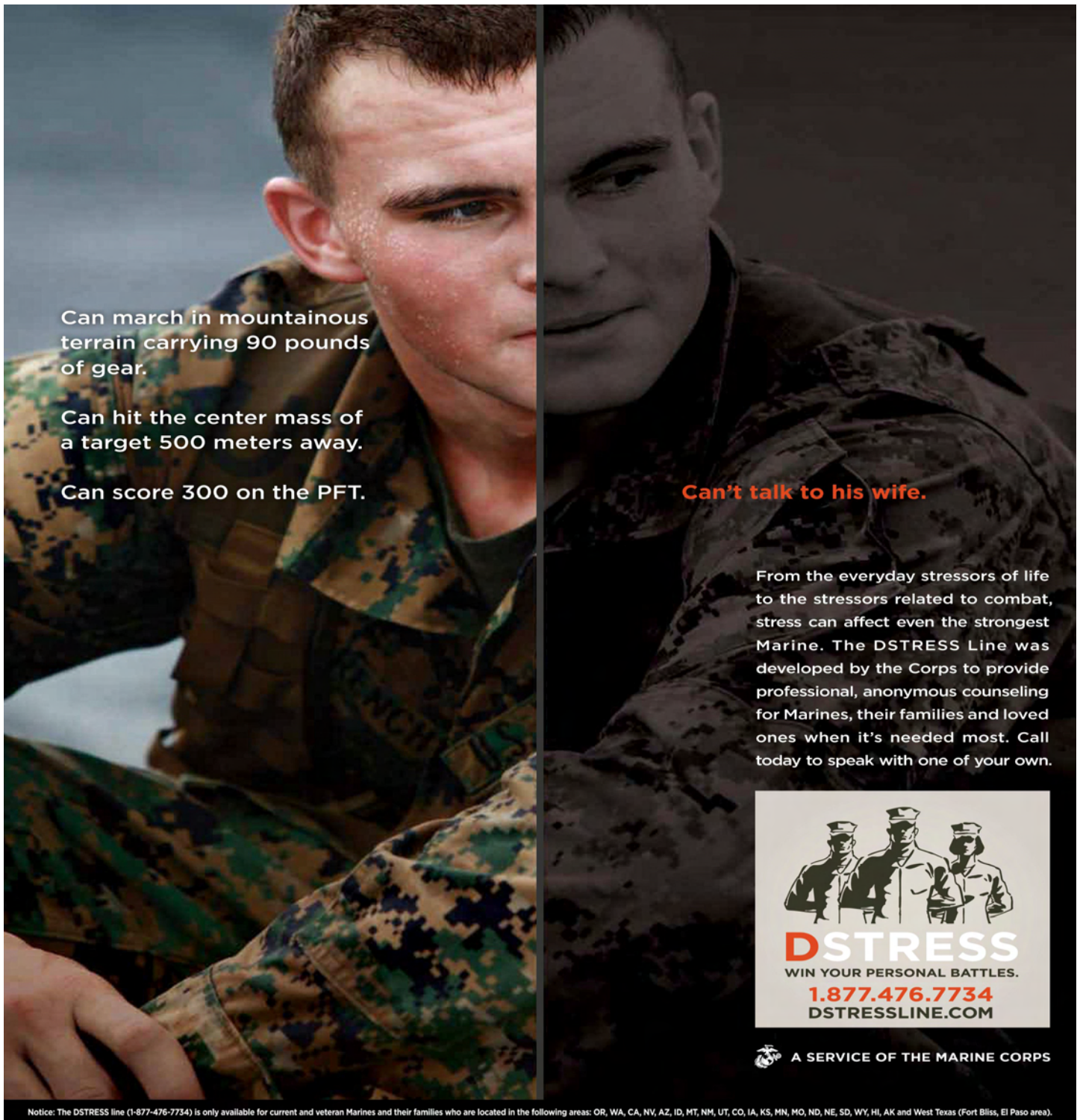
- Keep your anti-virus software updated.
- Beware of links, downloads, and attachments just as you would in e-mails.
- Beware of "apps" or plugins, which are often written by unknown third parties who might use them to access your data and friends.
- Look for HTTPS and the lock icon that indicate active transmission security before logging in or entering sensitive data (especially when using wi-fi hotspots).

THINK BEFORE YOU POST! Remember, your information could become public at any time due to hacking, configuration errors, social engineering or the business practice of selling or sharing user data. For more information, visit the Interagency OPSEC Support Staff's website.

Think. Protect. OPSEC.
www.ioss.gov



WWW.DSTRESSLINE.COM




Can march in mountainous terrain carrying 90 pounds of gear.

Can hit the center mass of a target 500 meters away.


Can score 300 on the PFT.

Can't talk to his wife.

From the everyday stressors of life to the stressors related to combat, stress can affect even the strongest Marine. The DSTRESS Line was developed by the Corps to provide professional, anonymous counseling for Marines, their families and loved ones when it's needed most. Call today to speak with one of your own.



DSTRESS
WIN YOUR PERSONAL BATTLES.
1.877.476.7734
DSTRESSLINE.COM

 A SERVICE OF THE MARINE CORPS

Notice: The DSTRESS line (1-877-476-7734) is only available for current and veteran Marines and their families who are located in the following areas: OR, WA, CA, NV, AZ, ID, MT, NM, UT, CO, IA, KS, MN, MO, ND, NE, SD, WY, HI, AK and West Texas (Fort Bliss, El Paso area).

Your family is WAY to important to ignore this!! Please take a few minutes to review the resources offered for FREE on this site.